



# 2017-2018 INDOOR TENNIS JUNIOR PROGRAMS

## RED DOT (Ages 4-8)

Introduction to basic tennis fundamentals. Instruction will be on a special 36' court using **red** low compression tennis balls. Focus on agility, balance and coordination. Instructors make tennis fun by using many different activities.

Mondays and/or Wednesdays 5 - 6 pm | Sundays 3 - 4 pm

## ORANGE DOT (Ages 6-10)

Designed for players who are preparing for actual play and are beginning to develop the ability to rally. Instruction will take place on 60' courts using low compression **orange** balls. Focus on the continued development of technique and fundamentals, confidence, basic strategy, scoring and court etiquette.

Mondays and/or Wednesdays 4:30 - 6 pm | Sundays 3 - 4:30 pm

## INTRODUCTORY GREEN DOT (Ages 7-10)

Designed to develop players who are moving up from the **orange** dot to the **green** dot level. Focus is to assist in the transition from a 60' to a 78' court and to develop the serve so juniors will be able to play at the USTA recreational level.

Mondays and/or Wednesdays 4:30 - 6 pm | Sundays 3 - 4:30 pm

## JUNIOR EXCELLENCE (Ages 10-14)

Focus will be on speed, strength, flexibility, endurance, effort and confidence. Drills for strokes and singles and doubles strategy will be emphasized using **green** and **yellow** balls.

Tuesdays 4:30 - 6 pm | Fridays 4:30 - 6 pm | Sundays 1 - 3 pm

## HIGH SCHOOL EXCELLENCE (Ages 14-18)

Designed for high school players currently on or trying out for a high school team. Drills will be for singles and doubles. Focus will be on self-confidence, strength, speed, power and core stability. Be ready to work!

Tuesdays 6 - 7:30 pm | Fridays 4:30 - 6 pm | Sundays 1 - 3 pm

## USTA TEAM TENNIS

Match-Play for Juniors Ages 8-18. This is a co-ed travel team. Players will play timed singles and doubles. Match cost is \$17 includes pizza and pop after match. Season I begins in November. Season II begins in January. Participant must be a USTA member.

## FRIDAY NIGHT JR TENNIS PIZZA PARTIES (Ages 5-10) from 6 - 8 pm

October 20<sup>th</sup>, January 26<sup>th</sup>, March 23<sup>rd</sup> | \$25 per Jr includes tennis, pizza and pop

## PARENT CHILD MIXER - January 6<sup>th</sup> from 1 - 3 pm

\$10 per player includes rush-n-crush, games, beverages and snacks



# 2017-2018 INDOOR TENNIS JUNIOR TENNIS

## SESSION DATES

### Session I

**Week of September 11<sup>th</sup> – November 5<sup>th</sup>**  
(No classes October 31<sup>st</sup>)

### Session II

**Week of November 6<sup>th</sup> – January 14<sup>th</sup>**  
(No classes November 23<sup>rd</sup> & 24<sup>th</sup>, December 22<sup>nd</sup> – January 7<sup>th</sup>)

### Session III

**Week of January 16<sup>th</sup> – March 18<sup>th</sup>**  
(No classes February 16<sup>th</sup> – 25<sup>th</sup>)

### Session IV

**Week of March 19<sup>th</sup> – May 20<sup>th</sup>**  
(No classes March 30<sup>th</sup> – April 8<sup>th</sup>)

## PROGRAM RATES

Hours/Week	1 Class/Week	Xtra Day Drop-In
1	\$170	\$22
1.5	\$250	\$31
2	\$290	\$37

**5% Discount for multiple classes per student**



## 2017-2018 INDOOR TENNIS

### RULES

- All members and guests must check in at the Front Desk before going onto tennis courts.
- Proper tennis attire and non-marking athletic shoes must be worn on the courts.
- Water only on courts, no coffee, gatorade or food.
- Guests are limited to six (6) visits per season.
- A guest fee of \$10 will be charged to the club member.
- Permanent Court Time can be reserved in full or half year increments and billed per session. It is the Captain's responsibility to manage rotation. Tennis membership and court fees must be paid prior to participation.
- Court Time may be reserved up to 14 days in advance.
- Court Time cancellations must occur 24 hours in advance. All cancellations occurring less than 24 hours in advance will be charged to the members account.
- Statements are sent monthly. Auto payment may be arranged with the Controller. Payment for monthly charges can also be billed on the 20<sup>th</sup> of each month to the credit card on file (3% service fee applies).
- Make ups must be completed during the same session. Please call ahead to schedule a make up, no drop-ins will be allowed. Refunds or credits will not be given for missed classes.
- Please use proper tennis etiquette at all times. Show consideration for players on other courts by not walking across a court while play is on. No abusive language and be respectful to members, guests and staff.
- Indoor Tennis Membership does not include any clubhouse dining privileges. Indoor Tennis members may only dine at the clubhouse when accompanied by a Pine Lake Country Club member.