



Adult Tennis Ladies' & Men's Programs

Adult Program Policies:

- 24-hour sign-up is required
- Minimum of 3 players to run a class
- Please see complete Indoor Tennis Rules for more information

Register via the PLCC Mobile App, call 248.681.4511 or email tennis@pinelakecc.com

Ladies' Lesson League Begins September 12th

- Designed for beginners and advanced beginners
- 2.5-3.0 level players
- Focus on fundamentals
- Supervised play
- Limited to 6 players

Day	Time	Cost Per Session
Thursdays	10:00 – 11:30 AM	\$31 per person

Men's Singles League Begins September 14th

- Designed for 3.5 level players

Day	Time	Cost Per Session
Saturdays	7:30 – 9:30 AM	TBD

Build Your Own Clinic

- Group clinics that will fit your schedule and level
- Clinics run 1 day/week for 5 weeks
- Minimum of 4 players per week
- Price per Person

1 Hr/Week	1.5 Hrs/Week	2 Hrs/Week
\$120	\$160	\$195

Practice with the Pro's Begins September 14th

- Our most popular clinic!
- Designed for quick paced group drills and play
- 3.0 (Advanced Beginner Level)
- 3.5 & Above (Intermediate Level)

Level	Day	Time	Cost Per Session
3.0 USTA Rated	Saturdays Max 12 Players	9:00 AM – 10:30 AM	\$31 per person
	Sundays Max 12 Players	9:30 – 11:00 AM	\$31 per person
3.5 USTA Rated & Above	Saturdays Max 18 Players	10:30 AM – 12:30 PM	\$36 per person
	Sundays Max 24 Players	11:00 AM – 1:00 PM	\$36 per person

Women's Suburban League Teams Begins week of September 9th

- Team levels 6.5, 7.5 and 8.5
- Friday matches
- Weekly 2-hour practices

Level	Day	Time	Cost Per Session
8.5	Mondays	10:00 AM – 12:00 PM	TBD
7.5	Tuesdays	10:00 AM – 12:00 PM	TBD
6.5	Wednesdays	10:00 AM – 12:00 PM	TBD

Ladies' Night Begins September 10th

- Designed for intermediate players
- Great way to get exercise and have fun
- Limited to 6 players

Day	Time	Cost Per Session
Tuesdays	6:00 – 7:30 PM	\$31 per person

Cardio Tennis

- Fitness on the tennis court
- Get your heart rate up while playing tennis to music
- Limited to 6 players

Day	Time	Cost Per Session
Sundays	4:30 – 6:00 PM	\$31 per person

Beginner/Advanced Beginner Clinic Begins September 14th

- Designed for beginners or those with minimal playing experience
- Focus on fundamentals and technique

Day	Time	Cost Per Session
Wednesdays Max 6 Players	7:00 – 8:30 PM	\$31 per person